Kauai Independent Food Bank announces New Executive Director!

Kauai Independent Food Bank (KIFB) is pleased to welcome Frank O. Ranger, MA as our new Executive Director. Previously, Mr. Ranger was the Director of the Kauai Head Start Program, the president of the Head Start Association of Hawaii/Outer Pacific, and is a Hawaii Circuit Court District V Mediator. In addition to being the administrator, Frank will be the face of KIFB and will guide the organization as it expands its programs. Frank has been busy constructing a conference room on property, repainting the building, offices, and developing several community based partnerships for the continued expansion of KIFB programming. KIFB is pleased to have Mr. Ranger as part of its family! In addition to a new Executive Director, KIFB welcomed two new members to its board. No stranger to Kauai, Brad Nagano, Vice President and co-owner of Mokihana Insurance in Lihue, is very active in the business community circle. Our newest member is Joy Anne Osterhout, MS, MCHES, owner of Health & Education Communication Consultants, a full-service communication consulting firm, specializing in materials development, training, technical assistance, and strategic planning in the areas of health promotion and health education. Both members enhance the board with their experiences and expertise. Welcome on Board! Rowena Cobb, President

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Executive Director’s Message

The amazing nature and generosity of the people of Kauai who support the Kauai Independent Food Bank has been the most rewarding experience as a leader that I have ever known. The demand for services continues to grow and the difficulty of securing sufficient nutritious healthy foods is a challenge. It is a responsibility we accept and diligently continue to plan for.

The continued support of individuals, companies, corporations, businesses, generous grantees and most certainly the outstanding work of nearly 50 agencies, has permitted KIFB to create and develop new collaborative programs with the Boys and Girls Clubs of Waimea, Lihue and Kapaa; the YWCA, Alu Like, and the County of Kauai. Expansion of existing programs provides for and allows keiki and seniors to secure nutritious healthy foods. Our goal is to develop programs that will support the accessibility of nutritional and healthy foods.

Mahalo for your continued support in our joint efforts to provide healthy food for those in need.

Frank Ranger
Executive Director

Quick Facts:
- The Kauai Independent Food Bank, a 501 (c) 3 non-profit organization, is the only Food Bank in the State that is accredited by the Hawaii Better Business Bureau.
- The Kauai Independent Food Bank is the smallest food bank in the state, yet feeds the largest population in their county.

www.kauaifoodbank.org
There is nothing that can take the place of a radiant smile on the face of a child, Mom or Dad when a box of food is prepared just for them in answer to “We have no food”. This picture is repeated across the island today more than many may know.

Recently, when the doors to the KIFB’s warehouse were closing, for the day, a staff member noticed a car facing the door. A couple with a young tot in diapers, no shirt, stood beside his parents. Softly, Dad responded “We have no food” and he hoped just maybe they could find a little to help. Excusing himself for a brief moment, the staff member quickly filled a box to the brim with food and essentials including diapers-sufficient to sustain the family through the weekend. No words were needed, the smile on the faces of Mom and Dad spoke volumes.

KIFB’s Keiki Café and Backpack Programs in partnership with the Boys and Girls Clubs provide much needed healthy snacks every week. We have a strong concern for children, however, we have not forgotten our Kupuna who need our help as well. Our E Ku’ No’a Kokua Kupuna Program provides seniors the opportunity to secure nutritional food items. To maintain these programs, we are very appreciative of the dedication and commitment from so many friends and partners near and far, who understand and believe in what we do. We are also appreciative of the farmers who believe in our efforts and have provided truckloads of produce for us to share. If you believe in feeding the hungry and want to be a partner, we invite you to join us.

On behalf of the Board of Directors and staff at KIFB, please accept our gratitude for your gifts and continued donations. The need keeps growing and we need you.

Rowena Cobb

“In good or bad times, our daily lives take over and we tend to forget about the struggles of others in need. As my generation can remember, our parents always told us to eat all our food, because there were starving children in China. We must remember Kauai as well! Kauai Independent Food bank provides a local vehicle that lets us help! Thanks to Frank & Kelvin, their staff and Board of Directors for their dedication to not allow Kauaians’s to go hungry tonight.”

-Lyle Otsuka
Aloha, my name is Kim Tamaoka, I am the Marketing Coordinator for Garden Island Federal Credit Union. Recently, Kauai’s Credit Unions participated in an island-wide food drive called “End Hunger in 20/12,” to benefit the Kauai Independent Food Bank. Working with KIFB staff, I witnessed first-hand their enthusiasm, hard work and high involvement in our effort towards helping to feed Kauai’s hungry. This experience has shown me that each person at KIFB has a genuine heart for those in need. Kelvin Moniz once told me, “Hunger doesn’t take a summer vacation,” and after helping to coordinate this food drive, I can honestly attest to that statement. I am truly grateful for the immense work and the constant effort it takes Kelvin and the entire KIFB staff and volunteers to continuously feed Kauai’s hungry. MAHALO, from the bottom of my heart.”

- Kim Tamaoka, Garden Island Federal Credit Union

“Helping to feed the people of Kauai is vital to our community. And, we did it with the overwhelming support and help of our membership, which made it that much more meaningful. It was totally worth it and very rewarding to live the true meaning of our credit union’s philosophy, which is “people helping people”.

-Terry Kaniho, KCFCU

END HUNGER IN 20/12 Kauai’s Credit Unions Food Drive

Dine Out For Hunger

We want to say Mahalo Nui Loa to the restaurants that participated in our 5th Annual Dine out for Hunger event. Dine Out for Hunger raised nearly $5,000 dollars to support KIFB program’s.

Bobby V’s Italian Pizzeria
Bubba’s Burgers-Hanalei
Bubba’s Burgers-Kapaa
Bubba’s Burgers-Kukui’ula Shopping Village
Da Booze Shop
Harvest Market Natural Foods & Cafe
Hukilau Lanai
Kalaheo Cafe & Coffee Co.
Kalaheo Steak & Ribs
La Bamba Mexican Restaurant
Mediterranean Gourmet
Papaya’s Natural Foods & Cafe
Poipu Tropical Burgers
Postcards Cafe
Rob’s Good Times Grill
Scotty’s Beach Side BBQ
Smiley’s Local Grinds
Shrimp Station-Kapaa
Shrimp Station-Waimea
Tomkats Grille
Wahooo’s Seafood Grill & Bar

2 for 1 Donor Challenge

The Kauai Independent Food Bank has been offered a challenge by an anonymous donor for every donation of $150 dollars or more, the donor will match the donation with a 2 for1 match. Your monetary donations will support the following KIFB programs: Keiki Cafe in Waimea and Lihue partnered with the Boys & Girls Club, Backpack program East partnered with Boys & Girls Club Kapaa and Backpack West partnered with the Niihau Charter Schools. We also support the YWCA after school program, and Alu Like Senior Program East and West.

For every $150.00 raised, the match will add $300 making a $150 dollar donation worth $450.
Innovative Programs to Feed our Keiki!

Keiki Café - 9th Year!

Backpack Programs:
Eastside and Ni‘ihau Charter Schools

Westside Keiki Café

Serving over 2800 snacks each month to keiki who participate in the Waimea Boys & Girls Club after school activities at the Waimea High School, Waimea Canyon Middle School, Kekaha Neighborhood Center and St. Teresa’s of Kekaha. The “Super Snacks” provide nutritious food to keiki between the ages of 7-17. This 52 week program is frequently the only meal that many keiki will have for the remainder of the day.

Lihue Keiki Cafe

Serving over 1800 Super Snacks each week KIFB and the Lihue Boys and Girls Club serve a “Super Snack” during the after school activities for children at Wilcox Elementary School. This 43 week program runs from August to May.

Eastside Backpack Program

The Eastside Backpack Program provides keiki healthy and nutritious food each Friday for those keiki who attend the after school activities at the Kapaa Activity Center located on the campus of Kapaa Elementary School and Kapaa High School. Each back pack contains sufficient nutritious and healthy food for a child and his/her siblings for the weekend. This collaborative program with the Kapaa Boys and Girls Club distributes nearly 100 Back Packs each week for 40 weeks from August to May to keiki ages 7-17.

Ni‘ihau Backpack Program

In collaboration with Kula Aupuni Ni‘ihau A Kahelelani Aloha Public Charter School and the Ke Kula Ni‘ihau O Kekaha Learning Center Public Charter School in Kekaha they distribute Backpacks filled with nutritious foods each Friday to approximately 100 keiki for a 43 week program from August to May. The nutritious food in the Backpack is frequently the primary food for the child and his/her siblings over the weekend.

Plant-A-Row/Gleaning

Plant-A-Row was developed to encourage gardeners, growers, schools and farmers to grow just a little extra and donate their fresh, nutritious, and delicious produce to the KIFB. Planting one extra row is an easy, fun way to give back to the community and has been embraced by several schools on Kauai. Making a tangible difference in the lives of your hungry neighbors is as easy as Planting an extra row in your garden! Gleaning means “Gathering the Bounty” from your yard, property, or farm to feed the needy. Getting started can be as easy as helping your neighbor harvest their mangoes! This practice has been used for ages and was the primary means for feeding the hungry throughout history.

Boys & Girls Club of Hawaii, and specifically the Kauai Branch sites in Kapaa, Lihue and Waimea, have greatly benefited from the many resources of Kauai Independent Food Bank. Our mission is to help youth who need us most, and many boys, girls and their families that we serve simply don’t have enough food to feed their families. We see youth every day who have not had a meal until they come to our after-school programs. The food they receive through the Keiki Cafe or Back Pack programs allows them to have some of the daily nutrition they need, which can sustain them through the weekend. We are grateful for this essential partnership. -Keith Cruickshank
The Senior Program provides senior citizens 60 years and older, the opportunity to acquire fresh fruits, vegetables, bread and dairy products as well as limited amounts of canned goods each Wednesday through Friday from 1-3 P.M. This program is anticipated to serve nearly 150 seniors each month. Home bound seniors can have a "representative shopper" or case worker shop for their needs as well. This program is scheduled to begin the first week of October and will help meet the needs of our elderly with nutritious and healthy food choices.

"The County of Kauai and Office of Economic Development are pleased to be able to provide funding to the Kauai Independent Food Bank that enables the use of EBT in the County Sunshine Farmer's Markets. Not only does this provide EBT beneficiaries with access to fresh produce for healthier diets, but it also provides additional economic opportunity for our local farmers to sell their products at affordable prices. We commend the Kauai Independent Food Bank management and staff for their initiative and support of this valuable program for Kauai residents."

-George Costa—County of Kauai

"The West Kauai United Methodist Church has been able to serve and deliver over 55 hot meals each Saturday to senior citizens from Kekaha to Kalaheo because we are able to purchase food items from the Kauai Independent Food Bank. We are thankful that KIFB assists us to provide this service to the seniors. I have shopped at KIFB and the employees and volunteers make me feel welcome and my personal donations are given because I know it is for a good cause. Thank you Jona and staff I am grateful for feeling my dignity while I shop there."

-Nancy Fuller, West Kauai Methodist Church

EBT Farmers’ Market Program

The Kauai EBT Program has provided EBT cardholders the opportunity to purchase locally grown fresh vegetables, fruits and other products from Kauai farmers and growers island wide. Beneficiaries of this program are both the farmer and the EBT participant. EBT purchases increases the revenue to the farmer and thus the economy of Kauai. The 2 for 1 program supported by the County of Kauai permits EBT participants to secure twice the value of their purchase with a $10.00 2 for 1 coupon. Since September 2011, the program includes 128 enrolled vendors, 1,978 EBT participants totaling over $36,000 dollars in EBT redemptions and over $38,000 dollars in EBT sales. Tokens/Coupons purchased by participants, at nearly all farmers markets, can be used at any farmers market where a vendor displays their “EBT Tokens accepted here” sign.

"Kauai Independent Food Bank’s EBT program at farmer’s markets has been a great success and tremendous resource for our community. Because of this program, more people are accessing healthy food, and more money is staying on our island to support local farmers and vendors. We are proud to partner with KIFB in sponsorship of the EBT program, and we hope that the community continues to support this program."

-Michelle Martinez, Get- Fit Kauai

Donate a Vehicle Program

Let us take the hassle out of selling your car

Have a car or truck you’re thinking of selling? Consider donating your vehicle to the Kauai Independent Food Bank. Donating your vehicle is a win-win....

♦ Your donation is tax deductible
♦ We deal with placing the ad, and handle phone calls and appointments
♦ Best of all, your generous donation helps KIFB feed those in need on our beautiful island!

Contact: Kelvin Moniz, 808-246-3809, ext. 102, kmoniz@kauaifoodbank.org
Agency Partners

Aloha Church
American Red Cross
Boys & Girls Club (Kapaa)
Boys & Girls Club (Waimea)
Calvary Chapel Kapaa
Church of the Pacific
County of Kauai-Clerk’s Office
Easter Seals Hawaii-ARC of Kauai Day Health Care
Easter Seals Hawaii-Kauai HCBS Program
Eleele Baptist Church
Family, Friends & Community
Hale Ho’omalu
Hale Kipa
Hina Mauka Teen & Adult Care
Hope, Help and Healing Kauai
Hui O Na Makuhine
Island Worship Center
Kalaheo Missionary Church
Love Kauai
Kauai Bible Church
Kauai Christian Fellowship
Kauai Economic Opportunity
Ke Kula Niihau O Kekaha
Kings Chapel
Koloa Missionary Church
Kapaa Missionary Church
Kapaa Seventh Day Adventist
Kapaa Seventh Day Adventist - K
Koloa Union Church
Kula Aupuni Niihau
Lihue Court Town Homes
Loves Kauai-Kalaeo Missionary
Malama Pono
Nana’s House
New Beginning Christian Center
Organization of Kalalau Karetakers
Puawai Canoe Club
Saint Michael’s All Angels Church
Saint Raphael’s Church
Saint Williams Church
The Children of the Land
The Chow Project
The Salvation Army (Hanapepe)
The Salvation Army (Lihue)
The Way of Salvation (Hanapepe)
The Way of Salvation (Lihue)
Timao Health Care
Waimea United Church of Christ
West Kauai United Methodist Church
Young Life Capernaum-Kauai
YWCA - SATP
YWCA - Women’s Shelter

Food Donors

Airport Fire
AA Kukui Ranch
Airport Transportation Safety Admin.
Banyon Harbor Hotel
Big Kmart
Brower Farms
Brush Rainbow Garden
Chiefess Kamakahelei Middle School
Coke A Cola
Costco
Cost-U-Less
County of Kauai
Credit Unions of Kauai
Da Kine Foods
Dante’s Family Farm
East Kauai Lions Club
Greens from the Garden
Harvest Market Natural Foods & Café
Hoku Foods
Hanalei Elementary School
Hanalei Poi Company
Healthy Hut
Ishihara Market
Jimmy’s Sales
Kalaheo Elementary School
Kalaheo Menhune Food Market
KAM Tire Center
Kapaa Banana Company
Kapaa Shores
Kapahi Mini-Mart
Kauai ATV
Kauai Bakery & Cinnamon
Kauai Coast Resort
Kauai Coffee
Kauai Fresh Farms
Kauai High School Key Club
Kauai Marriott
KFC
KIUC
Kauai Kookie Company
Kiawe Farms
Kiluaea Bakery
Kojima’s
Koloa Elementary School
Koloa Kai Farms
Kukuiula Store
Lappert’s, Inc.
Lawai Menhune Food Mart
Living Foods Market
Long’s Drugs-Store Kapaa & Lihue
Mauka Ota
Mayor’s Aloha Garden
Menhune Food Mart Wholesale
Papayas Kapaa
Paradise Beverage Inc.
Pepsi Cola Company
Pioneer Corn Company
Pioneer Seed
Pono Kai
Sam Pangdan
S & R Rainbow Garden
Snorkel Bobs
State Department of Health
Syngenta Seeds
Waimea High School
Westin Princeville
Wilcox Hospital and Foundation
Vim & Vigor
Holiday Food Drive
October 6– December 31

The holidays are a wonderful time of the year, gathering with family and friends, talking story, sharing a meal. Unfortunately, for many on our island, the pantry is empty.

Donations can be dropped off at the KIFB warehouse in Nawiliwili, or at any Fire Station on Kauai.

Holiday Food Drive Day
Oct 6 from 9:00 A.M. to 3:00 P.M

Volunteers are needed and appreciated!
At the following Sites:

- Big Kmart
- Ching Young Village
- FoodLand Princeville
- FoodLand Waipouli
- Ishihara Market
- Koloa Big Save
- Kukui Grove Shopping Center
- Safeway
- Sueoka Store

Volunteer Organizations

East Kauai Lions Club
Kauai Rotary Club
Kauai High School LEO Club
Kauai High School Key Club
Kalaheo Missionary Church
Kapa Missionary Church
Boys & Girls Club
Church of the Pacific
Aloha Church
First Hawaiian Bank
Kauai Christian Fellowship
Lihue Missionary Church
Kipu Kauai Ku’ali’I & Friends
Joanne Yukimura & Friends
Hale Ho’omalu
Pu’u’wai Canoe Club
St. Michael’s Church
Big Brothers Big Sisters

Mahalo to KIFB’s 2011 Holiday-2012 Spring Food Drive Sponsors

- Earthworks Pacific
- Guardian Self Storage
- Oceanic Time Warner Cable
- PS&D
- KONG Radio Group
- FM 97
- KKCR
- Hits 99
- H Hawaii Media
- Kauai Community Federal Credit Union
- Garden Island Newspaper
- The Gas Company
- Kukui Grove-CB Richard Ellis
- Alexander & Baldwin
- Kukui’ula Development
- Aqua Engineers
- County of Kauai

Catherine took this opportunity to include her triplets to show & explain to them about volunteering, how it is done, and the reason for volunteering, which is to help feed children who don’t have enough food to eat. Her children took it to heart and enjoyed helping mom!
Mission Statement

♦ Prevent Hunger
♦ Provide nutritious food for the hungry
♦ Respond to emergencies

Come Join Us for the Holiday Food Drive, 2012

Spring Food Drive, 2012